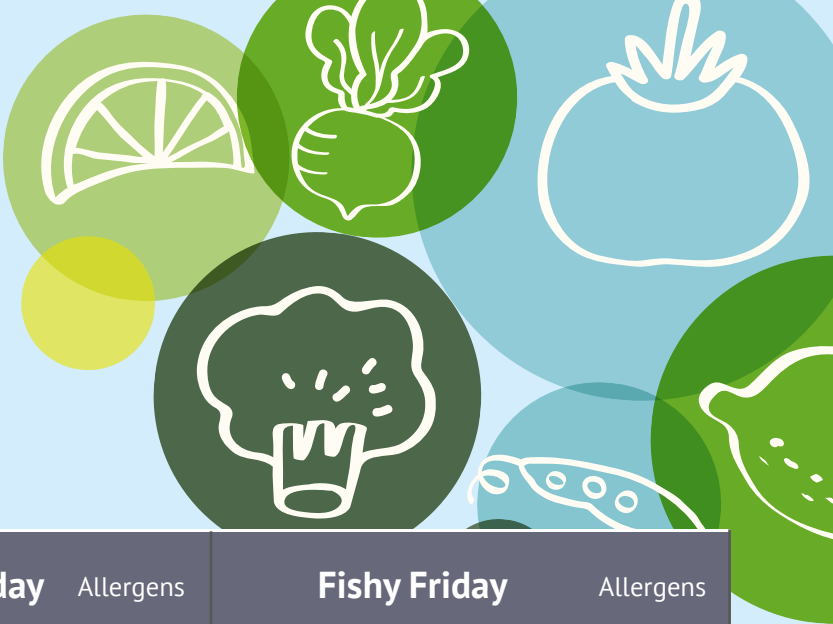


































































Summer Term Lunch Menu

– Week 1



	Meat Free Monday	Allergens	Tuesday	Allergens	Wednesday	Allergens	Theme Day Thursday	Allergens	Fishy Friday	Allergens
Main meal 1	Veggie hot dog with rice and salad	 	Chicken rogan josh with rice	 	Roasted herb pork steak, roast potatoes, vegetables and gravy		Braised chicken pappardelle	   	Fish cakes, chunky chips and beans	 
Main meal 2	Tomato quiche served with new potatoes	  	Sweet potato curry with rice		Macaroni cheese	 	Cheese and tomato pizza with baked beans	  	Three bean mild chilli and rice	   
Chef daily special	Chicken stir fry with brown rice	   	Chicken tikka drumstick with rice	 	Chicken Kiev served with roast potatoes, vegetables and gravy	  	Margherita pizza	 	Grilled salmon with crushed potatoes and salad	
Desserts	Fruit oat crumble with custard	  	Banana cake with chocolate sauce	  	Cocoa torte and fresh cream	   	Strawberry panna cotta		Assorted cup cakes	  
Available daily	Salad, fresh fruit, and yoghurt.					   <div>Catering provided by Greenshaw Learning Trust. All products are locally sourced wherever possible. All food is cooked fresh on the school site each day.</div>				
Allergens	 Dairy  Gluten  Nuts  Eggs  Fish  Soya  Sesame  Mustard  Sulphites  Celery  Peanuts  Lupin									

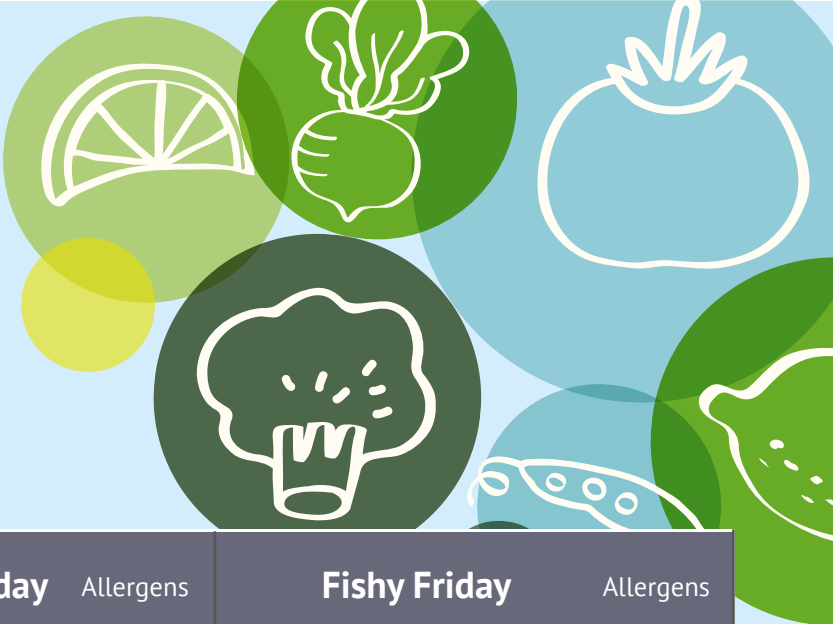

















Orchard Park
High School



Summer Term Lunch Menu

– Week 2



	Meat Free Monday <small>Allergens</small>	Tuesday <small>Allergens</small>	Wednesday <small>Allergens</small>	Theme Day Thursday <small>Allergens</small>	Fishy Friday <small>Allergens</small>
Main meal 1	Sweet potato leek and lentil hot pot	Chicken korma and rice	Piri-piri chicken thigh, roast potatoes and vegetables	Turkish lamb pilau	Chip shop battered fillet of fish, chunky chips and peas
Main meal 2	Vegetable spring roll with mixed salad	Vegetable meatball in a tomato sauce with pasta	Vegetable burger with baked beans and salad	Aubergines with spicy chickpeas	Pasta in a tomato and basil sauce
Chef daily special	Chicken nuggets with potato wedges	Cajun chicken and cucumber wrap	BBQ chicken skewers with roast potatoes and vegetables	Kofta burger with potato wedges	Southern fried chicken served with fries
Desserts	Lemon sponge with custard	Peach pie with custard	Syrup sponge with custard	Rose and raspberry jellies	Chocolate ice cream
Available daily	Salad, fresh fruit, and yoghurt.			<div><div> RED TRACTOR CERTIFIED STANDARDS</div><div> FAIRTRADE</div><div> FISH</div></div> <div>Catering provided by Greenshaw Learning Trust. All products are locally sourced wherever possible. All food is cooked fresh on the school site each day.</div>	
Allergens	<div><div> Dairy</div><div> Gluten</div><div> Nuts</div><div> Eggs</div><div> Fish</div><div> Soya</div><div> Sesame</div><div> Mustard</div><div> Sulphites</div><div> Celery</div><div> Peanuts</div><div> Lupin</div></div>				

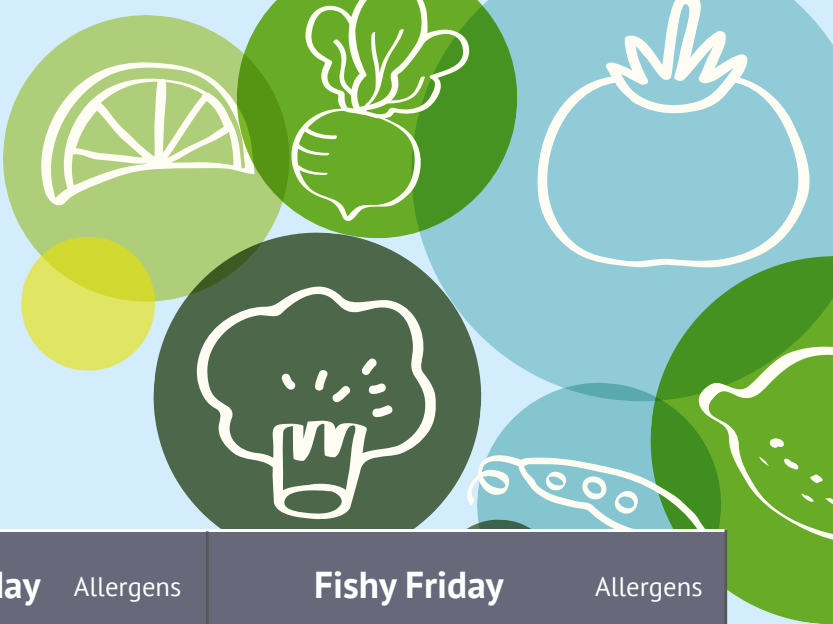

























































Orchard Park
High School



Summer Term Lunch Menu

– Week 3



	Meat Free Monday	Allergens	Tuesday	Allergens	Wednesday	Allergens	Theme Day Thursday	Allergens	Fishy Friday	Allergens
Main meal 1	Lentil Bolognese pasta bake	   	Chicken curry with rice		Garlic chicken breast, roast potatoes and vegetables	  	Chicken marengo		Jumbo fish finger, chips and baked beans	   
Main meal 2	Falafel burger with sweetcorn		Cheese and tomato panini with mixed salad	 	Cheese omelette with salad	 	Roasted vegetable tart and salad	  	Tomato pasta	
Chef daily special	Cranberry salsa turkey wrap		Roasted chinese chicken wings with egg rice		Chicken caesar pitta	   	One-pot pork with orange, olives and bay		Hot dog with fries	
Desserts	Apple crumble and custard	 	Cocoa and beetroot brownie and custard	  	Lemon muffins	  	Tart tatin		Strawberry ice cream	
Available daily	Salad, fresh fruit, and yoghurt.						   <p>Catering provided by Greenshaw Learning Trust. All products are locally sourced wherever possible. All food is cooked fresh on the school site each day.</p>			
Allergens	 Dairy  Gluten  Nuts  Eggs  Fish  Soya  Sesame  Mustard  Sulphites  Celery  Peanuts  Lupin									



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