



Winter Holidays Support Line


Free Support Line for Young People
open from 23rd December to
1st January, 3pm - 6pm.

*Call us to speak to our practitioners
and for confidential support.*

0800 980 7475

www.talkofftherecord.org

Off The Record' Youth Counselling Charity;
Registered Charity No. 1051144



**Support for ages
11-25 in Croydon,
Merton & Sutton.**