



# PERSONAL DEVELOPMENT

## Summer Term 2024

### Year 7

Dear students and families,



At Orchard Park High School, in addition to a broad academic and character curriculum, every one of our students has the opportunity to experience a wealth of personal development activities. This newsletter contains useful information about the provision for your child this term. We will send this to all families at the beginning of each term.

**Head of Year 7, Mrs C Ruby**

Please contact: [cruby@orchardparkhigh.net](mailto:cruby@orchardparkhigh.net)

## Inspiring our students to think big!

At the heart of every student's experience at Orchard Park is knowledge-rich, high quality teaching. Outside of the classroom, students develop their character further through our comprehensive Character Education programme. The third element in ensuring every student leaves Orchard Park with the best chance of success is our ambitious Aspirations Programme.

Some examples of what our Aspirations Programme has already delivered this year include all key stage 3 students taking part in our Green Careers Week, Year 8 girls visiting the offices of KMPG on International Women's Day and Year 10 students being given the opportunity

to ask questions of community business leaders in our Meet the Professionals event. You can find out more in our latest newsletter, which was sent out at the end of the spring term. It can be downloaded from our website [here](#).

Detailed below are the remaining opportunities our Aspirations Programme will provide to students for the rest of this academic year.

We also offer our Excellence Pathway to selected students. More information can be found on our website here: <https://www.orchardparkhigh.co.uk/excellence-pathway>

**Mr R Shah, Assistant Headteacher**

## Year 7 Aspirations Programme events

Wednesday 8th May 2024

**Enterprise Challenge** ('maths by stealth' workshop) for 30 selected Year 7 students

Wednesday 5th June

Students following the Excellence Pathway visit to the Science Museum

**"The development of pupils' character is central to the ethos of the school."**

– Ofsted 2024

## Key dates

**Year 7 parents' evening**

9th May 2024

**Assemblies for Year 7 – every Monday**

**Spring Term – Drive**

**Core message:** Always strive to be better.

**Key characteristics:**

Diligent, curious, reflective, respectful, motivated, stewardship, principled, tenacious, persistent, considerate.

**British values:**

Democracy, the rule of law, individual liberty, respect and tolerance.

**Week commencing 22nd April**

House: Drive

**29th April**

Year group: Mental Health Awareness

**9th May**

Year group: Why you should go to university

**13th May**

Year group: Leadership

**20th May**

House assembly: Awards – diligent, motivated

**3rd June**

Year group: Pride Month  
Considerate, respectful, tolerant

**10th June**

Year group: PSHE Focus

**17th June**

House: World Refugee Week

**24th June**

Year group: Preparing for end of year exams

**1st July**

Year group: What are principles?

**8th July**

House: Reflections on the year

**15th July**

House: Awards



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#### Year 7 PSHE schedule for the summer term

Big ideas	Topic	Atoms
<b>Summer 1</b> <b>Living in the wider world</b>	<b>Developing skills and aspirations</b> Careers, teamwork and enterprise skills, and raising aspirations	<ol style="list-style-type: none"> <li>How to be enterprising, including skills of problem-solving, communication, teamwork, leadership.</li> <li>Risk management and creativity.</li> <li>A broad range of careers and the abilities and qualities required for different careers.</li> <li>Equality of opportunity.</li> <li>How to challenge stereotypes, broaden their horizons and identify future career aspirations.</li> <li>The link between values and career choices</li> </ol>
<b>Summer 2</b> <b>Living in the wider world</b>	<b>Financial decision making</b> Saving, borrowing, budgeting and making financial choices	<ol style="list-style-type: none"> <li>How to make safe financial choices.</li> <li>Ethical and unethical business practices and consumerism.</li> <li>Saving, spending and budgeting.</li> <li>How to manage risk-taking behaviour.</li> </ol>

If you would like to discuss the subject matter or wish to withdraw your child from any of the PSHE lessons listed above, please contact Head of Year 7, Mrs Ruby, at [cruby@orchardparkhigh.net](mailto:cruby@orchardparkhigh.net)

#### Character Clubs for the summer term

Monday Lunch (12.50-1.20 pm)	Tuesday Lunch	Wednesday Lunch	Thursday Lunch	Friday Lunch
<ul style="list-style-type: none"> <li>Library</li> <li>Working lunch (10-IT2, 11-SSC)</li> <li>Biology- S3( 11)</li> <li>Debate-S7 (7-9)</li> </ul> <b>Week A Only</b> <ul style="list-style-type: none"> <li>Meditation-The STAR</li> </ul> <b>Week B Only</b> <ul style="list-style-type: none"> <li>Politics- H1</li> <li>Business- IT1 (11)</li> </ul>	<ul style="list-style-type: none"> <li>Library</li> <li>Working lunch (10-IT2, 11-SSC)</li> <li>Equality Club</li> <li>Steel Pans (7-8)</li> <li>Business- IT1 (11)</li> <li>Sparx Club- IT4</li> </ul> <b>Week B Only</b> <ul style="list-style-type: none"> <li>Eco club- L5</li> <li>Cultural Speaking Club (Jack Petchey)</li> </ul>	<ul style="list-style-type: none"> <li>Library</li> <li>Working lunch (10-IT2, Monday11-SSC)</li> <li>Steel Pans (8-11)</li> <li>Crochet- AR2 (7-9)</li> <li>Crossing the Finishing Line Club- IT4</li> <li>Maths Count On Us Club - M4</li> </ul> <b>Week B Only</b> <ul style="list-style-type: none"> <li>Spanish grammar L3</li> </ul>	<ul style="list-style-type: none"> <li>Library</li> <li>Working lunch (10-IT2, 11-SSC)</li> <li>STEM-S3 (7-9)</li> <li>Drums- MS1</li> </ul>	<ul style="list-style-type: none"> <li>Library</li> <li>Working lunch (10-IT2, 11-SSC)</li> <li>Geography GCSE Club (Year 11 - Week A in L5, Week B in L1)</li> <li>Checkers-S2</li> <li>Writers' circle-Library</li> <li>Guitar &amp; Keyboard- MS1</li> </ul> <b>Week A Only</b> <ul style="list-style-type: none"> <li>Scrabble- H2</li> <li>French grammar - L2</li> </ul> <b>Week B Only</b> <ul style="list-style-type: none"> <li>Chemistry -S5 (10&amp;11)</li> </ul>
After School (3.00-4.00 pm)	After School	After School	After School	After School
Homework- Library	Homework- Library	Homework- Library	Homework- Library	Homework- Library
<ul style="list-style-type: none"> <li>Rounders (All Years)</li> <li>Tennis (All Years)</li> <li>Film club- L4</li> <li>Musical Theatre Club</li> </ul> <b>Week B only</b> Young entrepreneur- IT1(7-9) <b>Every Monday 3.45-4.45 pm</b> <ul style="list-style-type: none"> <li>History booster (Migrants/Cold War) - H1 (11)</li> <li>Business Booster</li> </ul>	<ul style="list-style-type: none"> <li>Athletics (All Years)</li> <li>Chess and Rubik's cube - L2</li> </ul> <b>Week A Only</b> Foreign language film club KS3	<ul style="list-style-type: none"> <li>OP Dance Co- <i>By audition only</i>- Theatre (3.00-4.30 pm)</li> <li>Philosophy Club- L4</li> <li>Duke of Edinburgh - IT1 (9&amp;10) Walking &amp; Volunteering</li> <li>Visual Art Club -AR2 (7-9)</li> </ul>	<ul style="list-style-type: none"> <li>Band- MS1</li> <li>Cricket (All Years)</li> <li>Coding (Year 8&amp;9) IT4, Week B only</li> </ul> <b>Every Thursday 3.45-4.45 pm</b> <ul style="list-style-type: none"> <li>History booster (Germany) - H2 (11)</li> </ul>	<ul style="list-style-type: none"> <li>Coding (Year 7) IT4, Week B only</li> <li>Drama Club: KS3 and Yr10.</li> </ul>

You can find out more about personal development at Orchard Park High School on our website [here](#).

There is also a wealth of information about student support under [Information, Safeguarding](#).