



PERSONAL DEVELOPMENT

Summer Term 2024

Year 8

Dear students and families,



At Orchard Park High School, in addition to a broad academic and character curriculum, every one of our students has the opportunity to experience a wealth of personal development activities. This newsletter contains useful information about the provision for your child this term. We will send this to all families at the beginning of each term.

Head of Year 8, Miss L Goodwin

Please contact: lgoodwin@orchardparkhigh.net

Inspiring our students to think big!

At the heart of every student's experience at Orchard Park is knowledge-rich, high quality teaching. Outside of the classroom, students develop their character further through our comprehensive Character Education programme. The third element in ensuring every student leaves Orchard Park with the best chance of success is our ambitious Aspirations Programme.

Some examples of what our Aspirations Programme has already delivered this year include all key stage 3 students taking part in our Green Careers Week, Year 8 girls visiting the offices of KMPG on International Women's Day and Year 10 students being given the opportunity

to ask questions of community business leaders in our Meet the Professionals event. You can find out more in our latest newsletter, which was sent out at the end of the spring term. It can be downloaded from our website [here](#).

Detailed below are the remaining opportunities our Aspirations Programme will provide to students for the rest of this academic year.

We also offer our Excellence Pathway to selected students. More information can be found on our website here: <https://www.orchardparkhigh.co.uk/excellence-pathway>

Mr R Shah, Assistant Headteacher

Year 8 Aspirations Programme events

Wednesday 22nd May 2024

Enterprise Challenge ('maths by stealth' workshop) for 30 selected Year 7 students

June (date tbc)

Students following the Excellence Pathway visit to an art gallery

"The development of pupils' character is central to the ethos of the school."

– Ofsted 2024

Key dates

Assemblies for Year 8
– every Tuesday

Spring Term – Drive

Core message: Always strive to be better.

Key characteristics:

Diligent, curious, reflective, respectful, motivated, stewardship, principled, tenacious, persistent, considerate.

British values:

Democracy, the rule of law, individual liberty, respect and tolerance.

Week commencing 22nd April

House: Drive

30th April

Year group: Mental Health Awareness

7th May

Year group: Why you should go to university

14th May

Year group: Leadership

21st May

House assembly: Awards
– diligent, motivated

4th June

Year group: Pride Month
Considerate, respectful, tolerant

11th June

Year group: PSHE Focus

18th June

House: World Refugee Week

25th June

Year group: Preparing for end of year exams

2nd July

Year group: What are principles?

9th July

House: Reflections on the year

16th July

House: Awards



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Year 8 PSHE schedule for the summer term

Big ideas	Topic	Atoms
Summer 1 Living in the wider world	Community and careers Equality of opportunity in careers and life choices, and different types and patterns of work.	1. Equality of opportunity in life and work. 2. Challenging stereotypes and discrimination in relation to work and pay. 3. Employment, self-employment and voluntary work. 4. How to set aspirational goals for future careers and challenge expectations that limit choices.
Summer 2 Living in the wider world	Digital literacy Online safety, digital literacy, media reliability, and gambling hooks.	1. Online communication. 2. Using social networking sites safely. 3. Recognising online grooming in different forms: sexual/financial exploitation, extremism and radicalisation. 4. How to respond and seek support in cases of online grooming. 5. Recognising biased or misleading information online. 6. Critical assessment of different media sources. 7. How to distinguish between publicly and privately shared content. 8. Age restrictions when accessing different forms of media and how to make responsible decisions. 9. Protecting your financial security online. 10. Assessing and managing risks in relation to gambling and chance-based transactions.

If you would like to discuss the subject matter or wish to withdraw your child from any of the PSHE lessons listed above, please contact Head of Year 8, Miss Goodwin, at Igoodwin@orchardparkhigh.net

Character Clubs for the summer term

Monday Lunch (12.50-1.20 pm)	Tuesday Lunch	Wednesday Lunch	Thursday Lunch	Friday Lunch
<ul style="list-style-type: none"> Library Working lunch (10-IT2, 11-SSC) Biology- S3(11) Debate-S7 (7-9) Week A Only <ul style="list-style-type: none"> Meditation-The STAR Week B Only <ul style="list-style-type: none"> Politics- H1 Business- IT1 (11) 	<ul style="list-style-type: none"> Library Working lunch (10-IT2, 11-SSC) Equality Club Steel Pans (7-8) Business- IT1 (11) Sparx Club- IT4 Week B Only <ul style="list-style-type: none"> Eco club- L5 Cultural Speaking Club (Jack Petchey) 	<ul style="list-style-type: none"> Library Working lunch (10-IT2, Monday 11-SSC) Steel Pans (8-11) Crochet- AR2 (7-9) Crossing the Finishing Line Club- IT4 Maths Count On Us Club - M4 Week B Only <ul style="list-style-type: none"> Spanish grammar L3 	<ul style="list-style-type: none"> Library Working lunch (10-IT2, 11-SSC) STEM-S3 (7-9) Drums- MS1 	<ul style="list-style-type: none"> Library Working lunch (10-IT2, 11-SSC) Geography GCSE Club (Year 11 - Week A in L5, Week B in L1) Checkers-S2 Writers' circle-Library Guitar & Keyboard- MS1 Week A Only <ul style="list-style-type: none"> Scrabble- H2 French grammar - L2 Week B Only <ul style="list-style-type: none"> Chemistry -S5 (10&11)
After School (3.00-4.00 pm)	After School	After School	After School	After School
Homework- Library	Homework- Library	Homework- Library	Homework- Library	Homework- Library
<ul style="list-style-type: none"> Rounders (All Years) Tennis (All Years) Film club- L4 Musical Theatre Club Week B only Young entrepreneur- IT1(7-9) Every Monday 3.45-4.45 pm <ul style="list-style-type: none"> History booster (Migrants/Cold War) - H1 (11) Business Booster 	<ul style="list-style-type: none"> Athletics (All Years) Chess and Rubik's cube - L2 Week A Only Foreign language film club KS3	<ul style="list-style-type: none"> OP Dance Co- <i>By audition only</i>- Theatre (3.00-4.30 pm) Philosophy Club- L4 Duke of Edinburgh - IT1 (9&10) Walking & Volunteering Visual Art Club -AR2 (7-9) 	<ul style="list-style-type: none"> Band- MS1 Cricket (All Years) Coding (Year 8&9) IT4, Week B only Every Thursday 3.45-4.45 pm <ul style="list-style-type: none"> History booster (Germany) - H2 (11) 	<ul style="list-style-type: none"> Coding (Year 7) IT4, Week B only Drama Club: KS3 and Yr10.

You can find out more about personal development at Orchard Park High School on our website [here](#).

There is also a wealth of information about student support under [Information, Safeguarding](#).